

# CHOC VIDEO SETTINGS

## Menu Settings

Sony - FX3 and A7sIII

- **Shooting**

1. Image Quality
  - File Format: XAVC S 4K
  - Movie Settings:
    - Rec Frame Rate: 24p
    - Record Setting: 100M 4:2:2 10bit
  - S&Q Settings:
    - Rec Frame Rate: 120p
    - Frame Rate: 120fps
    - Record Setting: 200M 4:2:0 10bit
  - Proxy Settings:
    - Off
  - Lens Compensation:
    - Shading Comp.: Auto
    - Chromatic Aberration: Auto
2. Media
  - Format
  - Rec. Media Settings:
    - Prioritize Rec. Media: Slot 1
    - Recording Mode: Standard
    - Auto Switch Media: Off
    - Recover Image DB: Slot 1
    - Display Media Info.: Slot 1
3. File
  - File Settings:
    - File Number: Series
    - Series Counter Reset
    - File Name Format: Standard
    - File Name Format: Date + Title (e.g. YYYYMMDD\_C1234)
4. Shooting Mode
  - Exposure Mode:
    - Manual Exposure
  - Exposure Ctrl Type:
    - P/A/S/M Mode
  - Camera Set. Memory
  - Memory / Recall Media: Slot 1
5. Shutter / Silent
  - Silent Mode Settings:
    - Silent Mode: Off

### Target Function Settings:

Aperture Drive in AF: Standard

Auto Pixel Mapping: Off

-Release w/o Lens: Disable

#### 6. Audio Recording

-Audio Recording: On

-Audio Rec Level:  
Adjust As Needed

-Audio Out Timing: Live

-Wind Noise Reduct.: Off

-Audio Level Display: On

#### 7. TC/UB

-Time Code Preset: 00:00:00:00

-User Bit Preset: 00:00:00:00

-Time Code Run: Rec Run

-Time Code Make: Preset

-User Bit Time Rec: Off

#### 8. Image Stabilization

-SteadyShot: Active

-SteadyShot Adjust. Auto

#### 9. Zoom

-Zoom Range: Optical zoom only

-Zoom Speed: Adjust as needed

#### 10. Shooting Display

-Emphasized REC Display: On

#### 11. Marker Display

-Marker Display: On

-Center Marker: On

-Aspect Marker: Adjust based on format

-Safety Zone: Off

-Guideframe: Off

## • Exposure / Color

#### 1. Exposure

-Auto Slow Shutter: Off

-ISO: Adjust based on environment / lighting

-ISO Range Limit: 100 - 4000

-Auto / Manual Swt. Set.

#### 2. Exposure Comp.

-Exposure step: 0.3EV

-Exposure Std. Adjust: N/A

#### 3. Metering

-Metering Mode: Multi

-Face Priority in Multi Metering: On

- Spot Metering Point: Center
- 4. White Balance
  - White Balance: Adjust based on lighting / environment
  - Priority Set in AWB: Standard
  - Shockless WB: 1 (Fast)
- 5. Color / Tone
  - Picture Profile: PP8
- 6. Zebra Display
  - Zebra Display: On
  - Zebra Level: 70

- **Focus**

- 1. AF / MF
  - Focus Mode: Continuous AF or Manual (adjust based on scenario)
  - AF Transition Speed: 5
  - AF Subj. Shift Sensitivity: 5 (Responsive)
- 2. Focus Area
  - Focus Area: Wide
  - Focus Area Limit: (All)
  - Focus Area Color: White
  - Circ. Of Focus Point: Does Not Circulate
  - AF Frame Move Amt: Standard
- 3. Face / Eye AF
  - Face / Eye Prior. in AF: On
  - Face / Eye Subject: Human
  - Right / Left Eye Select: Auto
  - Face / Eye Frame Disp.: Off
  - Regist. Faces Priority: On
- 4. Focus Assistant
  - Focus Magnifier
  - Focus Magnif. Time: No Limit
  - Initial Focus Mag.: x1.0
- 5. Peaking Display
  - Peaking Display: On
  - Peaking Level: High
  - Peaking Color: Red

- **Playback**

- 1. Playback Target
  - Select Playback Media: Slot 1
  - View Mode: Movie View